

Status Migrainosus

Abnormal examination

- Consider MRI, metabolic screen, infectious workup
- Neurology consult

Normal examination

- History consistent with migraine

 - IV Hydration

 - Anti-emetics

 - Abortive treatment

 - NSAIDS, triptans (for older children)

 - Valproic acid 20 mg/kg IV up to maximum 1,000 mg

Discharge instructions

- Lifestyle

 - Hydration, diet, sleep

- Pharmacotherapy options

 - prn: nsaid, acetaminophen, midrin

 - scheduled: nortryptiline, propranolol, topiramate, valproic acid

When to call the resident

- Abnormal examination

- Status migrainosus not responding to IV hydration and medical therapy including IV valproic acid 20 mg/kg up to 1,000 mg

Scheduling

- Patient can be seen in ER in AM by on call neurology attending

- Patient can be scheduled into neurology clinic in 1-2 days

 - Ad hoc must always be done

 - May also leave message on voice mail:

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