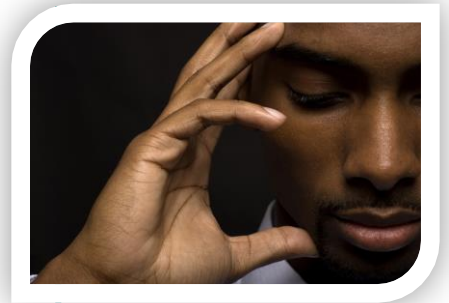


Getting Help for Substance or Alcohol Abuse in Albuquerque



Albuquerque Metropolitan Central Intake (AMCI)

3121 Amherst NE Suite B (505) 272-9033
<http://amci.unm.edu/default.html>

For: Adults and teens seeking help with substance abuse

Services:

- Assessment by licensed counselors
- Referrals for outpatient counseling

Details:

- Call M-Th starting at 8:30 a.m. to get an appointment.
- You will be screened to see if you are eligible.
- No walk-ins.
- Services are free, paid for by the City of Albuquerque.
- You will get vouchers for other services when you qualify.

UNM Addiction and Substance Abuse Program

2600 Yale SE (505) 994-7999
<http://hospitals.unm.edu/bh/asap/overview.shtml>

For:

- Adults and teens with substance abuse problems
- Adults and teens with substance abuse **and** mental health disorders

Services:

- Outpatient substance abuse and mental health treatment
- Access to other patient support systems
- Specialized services for women

Details:

- Walk in appointments starting at 6:00 a.m. M-Th.
- Get there at least by 5:45 a.m.
- The first 2 patients to arrive that day will be seen.
- Pregnant women and teens will be seen before others.
- Low cost on sliding scale, based on your income.



Alcoholics Anonymous (A.A.)

1921 Alvarado Drive NE (505) 266-1900
<http://www.albuquerqueaa.org>

For: Men and women who want to stop drinking

Services:

- Fellowship
- Place to share your experience, strength and hope with others

Details:

- Call 24 hours a day for help.
- Meetings are open to anyone who wants to come.
- Membership is free.
- Call to find best meeting and location for you: M-F 8:00 am - 10:00 pm; Sat & Sun: 9:00 am - 9:00 pm.

Metropolitan Assessment and Treatment Services (MATS)

5901 Zuni Rd SE (505) 468-1555 <http://www.bernco.gov/mats-faq/>

For: Adults needing detox from alcohol or other substances

Services: Inpatient detox services. Average stay 3-5 days.

Details:

- Must be a Bernalillo County resident or homeless.
- Must be 18 or older.
- Call to see if you are eligible.
- Beds available first-come, first served.
- Your stay is voluntary. No one can make you stay.
- Services are delivered 24 hours a day, 7 days a week.
- No charge for treatment.
- Referrals for other services given when you leave.

Endorphin Power Company (EPC)

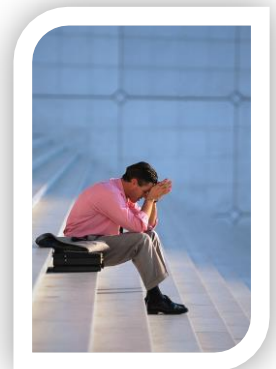
509 Cardenas SE (505) 268-3372 <http://www.endorphinpower.org>

For: Adults with substance abuse problems who want long term sober housing

Services: Provides clean and sober transitional housing

Details:

- Apply on website or in person.
- Must be 30 days sober before you can get in program.
- Geared towards a 1 year program.
- Cost: \$650 move-in fee first, then \$430 per month.



Turquoise Lodge

5901 Zuni Rd SE (505) 841-8978 Adults: Option 4
http://turquoiselodge.org Teens: Option 5

For: Adults and teens needing voluntary inpatient treatment for substance abuse, who also have other medical or mental health conditions.

Services: Hospital-based inpatient detox and treatment

Details:

- All insurance accepted.
- Sliding fee schedule.
- Call to see if you are eligible.
- This is the only inpatient program for people who cannot pay.
- Usual stay is no longer than 30 days.
- These patients will be admitted first:
 - pregnant IV drug users and substance abusers
 - other injecting drug users
 - parents in the process of regaining custody of their children
 - patients who have a serious medical or mental illness

Central New Mexico Treatment Center—Colonial Management Group

630 Haines Ave. NW (505) 268-5611
http://www.methadonetreatment.com

For: Adults with heroin or prescription drug addiction problems

Services: Opiate addiction program. They also provide methadone.

Details:

- Open 7 days a week 5:00 a.m.-noon daily.
- Call to make an appointment.
- Cost to get started is \$84. Suboxone costs \$20 per day.

Turning Point Recovery Center

3901 Georgia St NE Ste C-3 (505) 217-1717 http://turningpointrc.com/

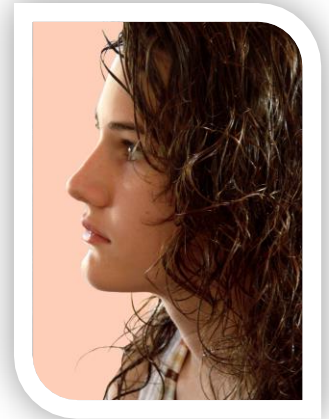
For: Privately insured patients with addiction

Services:

- Outpatient alcohol and opiate detox and treatment
- Group, individual, and family group counseling

Details:

- Takes private insurance only; no Medicaid or Medicare.
- Call or walk in for appointment.
- 12-step, abstinence-based model. Focused on physical, emotional, mental and spiritual well-being.



Casa de Salud

1608 Isleta Blvd. SW (505) 907-8311
http://www.casadesaludnm.com

For: Adults who want to stop opiate abuse

Services:

- **Healing Oasis**
 - Intensive outpatient treatment for opiate pain pills and heroin addiction
 - Natural and alternative medicine treatments along with traditional medical treatments
- **Other services**
 - Suboxone program
 - Needle exchange program
 - Natural and alternative medicine treatments
 - Referrals for free or low cost counseling

Details:

- Enrollment in Healing Oasis program is first-come, first-served.
- New programs start on first and third Mondays each month.
- Come to the clinic Mondays 2-5 p.m. or Wednesdays 9-12 p.m. to apply.
- You can call 234-6540 and leave a message. Staff will call you back on Monday afternoon or Wednesday morning.
- You can also call on the first Monday at 11:00 a.m. to see if there are any openings for that week's program.
- Accepts Molina Medicaid (Salud and SCI) for all costs of treatment. Other insurances may cover some services. **UNM Care and Presbyterian will not cover any services.**
- Ask staff about other ways to get help paying for the program.

Aliviar Counseling Services

1611 Central Ave NW (505) 247-4622

For: Adults, teens, and families with addiction and related problems

Services:

- Individual, couples, and family counseling
- Specializes in chemical dependency counseling
- Groups in anger management, domestic violence, women's issues, and parenting

Details:

- Call or walk in to make an appointment, M-F before 12:00 noon.
- No one is refused services.
- Sliding scale payment system based on income.
- Accepts vouchers.



A New Awakening

600 First Street NW #200 (505) 224-9124 www.anewawakening.com

For: Adults with substance abuse and/or mental health problems.

Services:

- Holistic approach using Ayurvedic practices, massage, yoga, Tai Chi, acupuncture, and other treatments
- Individual, group, and family counseling

Details:

- Call for initial intake appointment. Usually will take 2-3 weeks for scheduled appointment.
- First appointment is \$60.
- Accepts Medicaid for individual and family counseling.
- Other insurance and reimbursement options possible. Ask staff for more information.
- Takes AMCI and ATR vouchers.

Health Care for the Homeless

1217 First Street NW (505) 766-5197 www.abqhch.com

For: Homeless persons needing healthcare help

Services:

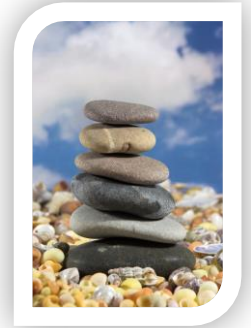
STARS Drop In Program

- Assessment and management for mental health and/or substance abuse problems
- Access to lawyers and client advocates
- Can help you find safe places to stay
- Can help you get help for substance abuse

Harm Reduction Outreach Program

- Syringe exchange program
- STD support and treatment referrals
- Substance abuse counselors
- Referral to other treatment specialists

Details: Walk in only. Best to come between 8:00 a.m. and 2:00 p.m.



Walsh Counseling Services

1113 Rhode Island Street NE, Ste. B (505) 266-0441
<http://walshabq.com>

For: Adults seeking help with substance abuse problems

Services:

- Provides 3 months of free counseling services
- Recovery support services (acupuncture, massage therapy, faith based healing and more) through a network of faith-based and non-faith-based providers

Details:

- Must be 18 years or older, Bernalillo county resident, and meet income requirements.
- Call to see if you qualify.

Agave Health (formerly Pathways, Inc.)

2551 Coors Blvd NW (505) 338-3320
<https://www.agavehealth.org>

For: Adults with mental health and substance abuse problems

Services:

- Individual and group counseling
- Specific crisis intervention services
- Nurses to help you manage your medicines

Details:

- Call to make an appointment.
- Walk-ins are welcome and can be seen if there is space.

First Nations Community Healthsource

5608 Zuni Rd SE (505) 262-2481 <http://www.fnch.org>

For: Native Americans and non-Natives, including homeless

Services:

- Substance abuse and mental health counseling
- Alcohol education classes
- Holistic approach that treats the whole person
- Traditional healing services integrated with other care services

Details:

- Walk-ins welcome or call to schedule an appointment.
- Accepts UNM Care and all major health insurances.
- You will not be refused services if you can't pay.
- Open 8:00 am - 9:00 pm Monday through Friday and 9:00 am - 1:00 pm Saturday.

