Getting Help for Substance or Alcohol Abuse in Albuquerque

Albuquerque Metropolitan Central Intake (AMCI)
3121 Amherst NE Suite B   (505) 272-9033
http://amci.unm.edu/default.html
For:  Adults and teens seeking help with substance abuse

Services:
• Assessment by licensed counselors
• Referrals for outpatient counseling

Details:
• Call M-Th starting at 8:30 a.m. to get an appointment.
• You will be screened to see if you are eligible.
• No walk-ins.
• Services are free, paid for by the City of Albuquerque.
• You will get vouchers for other services when you qualify.

UNM Addiction and Substance Abuse Program
2600 Yale SE    (505) 994-7999
http://hospitals.unm.edu/bh/asap/overview.shtml
For:
• Adults and teens with substance abuse problems
• Adults and teens with substance abuse and mental health disorders

Services:
• Outpatient substance abuse and mental health treatment
• Access to other patient support systems
• Specialized services for women

Details:
• Walk in appointments starting at 6:00 a.m. M-Th.
• Get there at least by 5:45 a.m.
• The first 2 patients to arrive that day will be seen.
• Pregnant women and teens will be seen before others.
• Low cost on sliding scale, based on your income.
Alcoholics Anonymous (A.A.)
1921 Alvarado Drive NE   (505) 266-1900
http://www.albuquerqueaa.org
For: Men and women who want to stop drinking
Services:
• Fellowship
• Place to share your experience, strength and hope with others
Details:
• Call 24 hours a day for help.
• Meetings are open to anyone who wants to come.
• Membership is free.
• Call to find best meeting and location for you: M-F 8:00 am - 10:00 pm; Sat & Sun: 9:00 am - 9:00 pm.

Metropolitan Assessment and Treatment Services (MATS)
5901 Zuni Rd SE   (505) 468-1555 http://www.bernco.gov/mats-faq/
For: Adults needing detox from alcohol or other substances
Services: Inpatient detox services. Average stay 3-5 days.
Details:
• Must be a Bernalillo County resident or homeless.
• Must be 18 or older.
• Call to see if you are eligible.
• Beds available first-come, first served.
• Your stay is voluntary. No one can make you stay.
• Services are delivered 24 hours a day, 7 days a week.
• No charge for treatment.
• Referrals for other services given when you leave.

Endorphin Power Company (EPC)
509 Cardenas SE   (505) 268-3372 http://www.endorphinpower.org
For: Adults with substance abuse problems who want long term sober housing
Services: Provides clean and sober transitional housing
Details:
• Apply on website or in person.
• Must be 30 days sober before you can get in program.
• Geared towards a 1 year program.
• Cost: $650 move-in fee first, then $430 per month.
Turquoise Lodge
5901 Zuni Rd SE  (505) 841-8978  Adults: Option 4
Teens: Option 5
http://turquoiselodge.org
For:  Adults and teens needing voluntary inpatient treatment for substance abuse, who also have other medical or mental health conditions.
Services:  Hospital-based inpatient detox and treatment
Details:
- All insurance accepted.
- Sliding fee schedule.
- Call to see if you are eligible.
- This is the only inpatient program for people who cannot pay.
- Usual stay is no longer than 30 days.
- These patients will be admitted first:
  - pregnant IV drug users and substance abusers
  - other injecting drug users
  - parents in the process of regaining custody of their children
  - patients who have a serious medical or mental illness

Central New Mexico Treatment Center—Colonial Management Group
630 Haines Ave. NW  (505) 268-5611
http://www.methadonetreatment.com
For:  Adults with heroin or prescription drug addiction problems
Services:  Opiate addiction program. They also provide methadone.
Details:
- Open 7 days a week 5:00 a.m.-noon daily.
- Call to make an appointment.
- Cost to get started is $84. Suboxone costs $20 per day.

Turning Point Recovery Center
3901 Georgia St NE Ste C-3  (505) 217-1717  http://turningpointrc.com/
For:  Privately insured patients with addiction
Services:
- Outpatient alcohol and opiate detox and treatment
- Group, individual, and family group counseling
Details:
- Takes private insurance only; no Medicaid or Medicare.
- Call or walk in for appointment.
- 12-step, abstinence-based model. Focused on physical, emotional, mental and spiritual well-being.

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Casa de Salud
1608 Isleta Blvd. SW  (505) 907-8311
http://www.casadesaludnm.com
For: Adults who want to stop opiate abuse

Services:
- **Healing Oasis**
  - Intensive outpatient treatment for opiate pain pills and heroin addiction
  - Natural and alternative medicine treatments along with traditional medical treatments
- **Other services**
  - Suboxone program
  - Needle exchange program
  - Natural and alternative medicine treatments
  - Referrals for free or low cost counseling

Details:
- Enrollment in Healing Oasis program is first-come, first-served.
- New programs start on first and third Mondays each month.
- Come to the clinic Mondays 2-5 p.m. or Wednesdays 9-12 p.m. to apply.
- You can call 234-6540 and leave a message. Staff will call you back on Monday afternoon or Wednesday morning.
- You can also call on the first Monday at 11:00 a.m. to see if there are any openings for that week’s program.
- Accepts Molina Medicaid (Salud and SCI) for all costs of treatment. Other insurances may cover some services. **UNM Care and Presbyterian will not cover any services.**
- Ask staff about other ways to get help paying for the program.

Aliviar Counseling Services
1611 Central Ave NW  (505) 247-4622
For: Adults, teens, and families with addiction and related problems

Services:
- Individual, couples, and family counseling
- Specializes in chemical dependency counseling
- Groups in anger management, domestic violence, women’s issues, and parenting

Details:
- Call or walk in to make an appointment, M-F before 12:00 noon.
- No one is refused services.
- Sliding scale payment system based on income.
- Accepts vouchers.
A New Awakening
600 First Street NW #200  (505) 224-9124  www.anewawakening.com

For: Adults with substance abuse and/or mental health problems.

Services:
- Holistic approach using Ayurvedic practices, massage, yoga, Tai Chi, acupuncture, and other treatments
- Individual, group, and family counseling

Details:
- Call for initial intake appointment. Usually will take 2-3 weeks for scheduled appointment.
- First appointment is $60.
- Accepts Medicaid for individual and family counseling.
- Other insurance and reimbursement options possible. Ask staff for more information.
- Takes AMCI and ATR vouchers.

Health Care for the Homeless
1217 First Street NW  (505) 766-5197  www.abqhch.com

For: Homeless persons needing healthcare help

Services:
STARS Drop In Program
- Assessment and management for mental health and/or substance abuse problems
- Access to lawyers and client advocates
- Can help you find safe places to stay
- Can help you get help for substance abuse

Harm Reduction Outreach Program
- Syringe exchange program
- STD support and treatment referrals
- Substance abuse counselors
- Referral to other treatment specialists

Details: Walk in only. Best to come between 8:00 a.m. and 2:00 p.m.
Walsh Counseling Services
1113 Rhode Island Street NE, Ste. B   (505) 266-0441
http://walshabq.com
For:  Adults seeking help with substance abuse problems
Services:
• Provides 3 months of free counseling services
• Recovery support services (acupuncture, massage therapy, faith based healing and more) through a network of faith-based and non-faith-based providers
Details:
• Must be 18 years or older, Bernalillo county resident, and meet income requirements.
• Call to see if you qualify.

Agave Health (formerly Pathways, Inc.)
2551 Coors Blvd NW   (505) 338-3320
https://www.agavehealth.org
For:  Adults with mental health and substance abuse problems
Services:
• Individual and group counseling
• Specific crisis intervention services
• Nurses to help you manage your medicines
Details:
• Call to make an appointment.
• Walk-ins are welcome and can be seen if there is space.

First Nations Community Healthsource
5608 Zuni Rd SE    (505) 262-2481  http://www.fnch.org
For:  Native Americans and non-Natives, including homeless
Services:
• Substance abuse and mental health counseling
• Alcohol education classes
• Holistic approach that treats the whole person
• Traditional healing services integrated with other care services
Details:
• Walk-ins welcome or call to schedule an appointment.
• Accepts UNM Care and all major health insurances.
• You will not be refused services if you can’t pay.
• Open 8:00 am - 9:00 pm Monday through Friday and 9:00 am - 1:00 pm Saturday.