UNMH Isolated Thoracic and Lumbar Transverse/Spinous Process Fracture Guideline

Age ≥ 16
Trauma patient

Isolated Transverse Process or Spinous Process Fractures identified on CT scans of T/L Spine (*T2 and below)

Neuro Deficit? (motor deficit or paresthesias)

Spinal Precautions Consult Spine service on-call

> 2 consecutive Transverse Process or Spinous Process fractures?

Spinal Precautions Consult On-call Spine Service

D/C TLS precautions Consider corset for comfort Pain management

*Spine service consult not required*

*Consult of spine service recommended for any Transverse or Spinous Process fractures above the level of T2 and any spine fracture in children under 16*

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Stephen Lu, MD
Martina Stippler, MD
Andrew Paterson, MD
A. Robb McLean, MD